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**Facebook: St Clement Church Jersey Channel Islands – watch 10.30am service live and recorded**

Web site: [www.stclementschurch.org.je](http://www.stclementschurch.org.je)

Treasurers and church bank account details:

St Clement: Rob Sharp [robsharp@fastmail.fm](mailto:robsharp@fastmail.fm) **St Clements Parish Church 40-25-34 84087488**

St Nicholas: Ian Bromley [captainimb@aol.com](mailto:captainimb@aol.com) Payments for St Nicholas Church have now been clarified and these are the amended bank details for St Nicholas Church:

**St Clements Parish Church 40-25-34 94289579**

***Please put a note in the 'reference' box for online banking so treasurers know what the payment is for and/or from whom, if that is important. Thank you.***

***March 6<sup>th</sup>, 2025***

Dear friends of St. Clement and St. Nicholas,



Spring is here and Lent began with the Ash Wednesday evening service. Do make an effort to come to Lent Lunches 12 noon until 1.30pm for five Thursdays starting next week. The first charity being supported will be Sanctuary Trust.

Even if you are unable to attend you can leave a donation for a charity being supported in a marked envelope as you come to a service or through the letter box of the office at Caldwell Hall or the Rectory.

We hope you are keeping well.

David

**Welcome to St Clement's Parish Church Service of Morning Worship in Lent**

**Notices for this week: March 9<sup>th</sup>, 2025**

9am Holy Communion at St Nicholas Church  
10.30am Holy Communion at St Clement Church

**Lent Lunch in Caldwell Hall. Thursday March 13<sup>th</sup>, 2025 Noon – 1.30pm**

Delicious homemade soup, bread and cheese, fresh fruit, tea and coffee.  
**Minimum donation of £5 per person.** Proceeds to The Sanctuary Trust

**CA 314**

**Immortal, invisible,  
God only wise,  
in light in accessible hid  
from our eyes  
most blessed, most glorious,  
the Ancient of Days  
almighty, victorious,  
thy great name we praise.**

**Unresting, unchanging,  
and silent as light,  
nor wanting, nor wasting,  
thou rulest in might;  
thy justice like mountains  
high soaring above  
thy clouds which are fountains  
of goodness and love.**

**To all life thou givest,  
to both great and small;  
in all life thou livest,  
the true life of all;  
we blossom and flourish  
as leaves on the tree,  
and wither and perish;  
but naught changeth thee.**

**Great Father of glory,  
pure Father of light,  
thine angels adore thee,  
all veiling their sight;  
all laud we would render,  
O help us to see  
'tis only the splendour  
of light hideth thee.**

The grace of our Lord Jesus Christ, The love of God, and the fellowship of the Holy Spirit  
be with you. **and also with you.**

We have come together in the name of Christ to offer our praise and thanksgiving, to hear and receive God's holy word, to pray for the needs of the world, and to seek the forgiveness of our sins, that by the power of the Holy Spirit we may give ourselves to the service of God.

We to sit or kneel to confess our sins

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. So let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith. *Psalm 51:17*

**Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

Blessed is the Lord, **for he has heard the voice of our prayer;** therefore shall our hearts dance for joy **and in our song we will praise our God.**

Blessed are you, Lord our God, Creator and Redeemer of all; to you be glory and praise for ever. From the waters of chaos you drew forth the world and in your great love fashioned us in your image. Now, through the deep waters of death, you have brought your people to new birth by raising your Son to life in triumph. May Christ your light ever dawn in our hearts as we offer you our sacrifice of thanks and praise.

Blessed be God, Father, Son and Holy Spirit: **Blessed be God for ever.**

**CA 457**

**My God, how wonderful you are,  
your majesty how bright;  
how beautiful your mercy-seat,  
in depths of burning light!**

**Creator from eternal years  
and everlasting Lord,  
by holy angels day and night  
unceasingly adored!**

**How wonderful, how beautiful  
the sight of you must be -  
your endless wisdom, boundless power,  
and awesome purity!**

**O how I fear you, living God,  
with deepest, tenderest fears,  
and worship you with trembling hope  
and penitential tears!**

**But I may love you too, O Lord,  
though you are all-divine,  
for you have stooped to ask of me  
this feeble love of mine.**

**Father of Jesus, love's reward,  
great King upon your throne,  
what joy to see you as you are  
and know as I am known.**

The night has passed, and the day lies open before us; let us pray with one heart and mind.

We keep silence. We say the Old Testament Canticle

**Blessed are you, God of Israel, for ever and ever, for yours is the greatness, the power, the glory, the splendour and the majesty.**

**Everything in heaven and on earth is yours; yours is the kingdom, O Lord, and you are exalted as head over all.**

**Riches and honour come from you and you rule over all. In your hand are power and might; yours it is to give power and strength to all.**

**And now we give you thanks, our God, and praise your glorious name.**

**For all things come from you, and of your own have we given you.**

**Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.**

**Old Testament Reading** *We sit for the first reading*

**The First reading is taken from Deuteronomy, Chapter 26, beginning to read at the first verse.**  
(Deuteronomy 26 1-11)

When you have entered the land the Lord your God is giving you as an inheritance and have taken possession of it and settled in it, take some of the firstfruits of all that you produce from the soil of the land the Lord your God is giving you and put them in a basket. Then go to the place the Lord your God will choose as a dwelling for his Name and say to the priest in office at the time, "I declare today to the Lord your God that I have come to the land the Lord swore to our ancestors to give us." The priest shall take the basket from your hands and set it down in front of the altar of the Lord your God. Then you shall declare before the Lord your God: "My father was a wandering Aramean, and he went down into Egypt with a few people and lived there and became a great nation, powerful and numerous.

But the Egyptians mistreated us and made us suffer, subjecting us to harsh labour. Then we cried out to the Lord, the God of our ancestors, and the Lord heard our voice and saw our misery, toil and oppression. So the Lord brought us out of Egypt with a mighty hand and an outstretched arm, with great terror and with signs and wonders.

He brought us to this place and gave us this land, a land flowing with milk and honey; and now I bring the firstfruits of the soil that you, Lord, have given me." Place the basket before the Lord your God

and bow down before him. Then you and the Levites and the foreigners residing among you shall rejoice in all the good things the Lord your God has given to you and your household.

This is the word of the Lord. **Thanks be to God.**

We stand to say the Gospel Canticle

**O bless the God of Israel, who comes to set us free,  
who visits and redeems us and grants us liberty.  
The prophets spoke of mercy, of rescue and release;  
God shall fulfil the promise to bring our people peace.**

**Now from the house of David a child of grace is given;  
a Saviour comes among us to raise us up to heaven.  
Before him goes the herald, forerunner in the way,  
the prophet of salvation, the messenger of Day.**

**Where once were fear and darkness the sun begins to rise —  
the dawning of forgiveness upon the sinner's eyes,  
to guide the feet of pilgrims along the paths of peace:  
O bless our God and Saviour, with songs that never cease! 7.6.7.6.D**

**The Gospel Reading.    *We remain standing***

**Hear the Gospel of our Lord Jesus Christ according to Luke (*Luke 4 1-13*)  
Glory to you, O Lord.**

Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry.

The devil said to him, "If you are the Son of God, tell this stone to become bread." Jesus answered, "It is written: 'Man shall not live on bread alone. The devil led him up to a high place and showed him in an instant all the kingdoms of the world. And he said to him, "I will give you all their authority and splendour; it has been given to me, and I can give it to anyone I want to. If you worship me, it will all be yours."

Jesus answered, "It is written: 'Worship the Lord your God and serve him only.

The devil led him to Jerusalem and had him stand on the highest point of the temple. "If you are the Son of God," he said, "throw yourself down from here. For it is written: "'He will command his angels concerning you to guard you carefully; they will lift you up in their hands, so that you will not strike your foot against a stone.

Jesus answered, "It is said: 'Do not put the Lord your God to the test.' When the devil had finished all this tempting, he left him until an opportune time.

This is the Gospel of the Lord **Praise to you, O Christ.**

**CA 190**

**Forty days and forty nights  
you were fasting in the wild;  
forty days and forty nights,  
tempted still, yet unbeguiled.**

**Sunbeams scorching all the day,  
chilly dew-drops nightly shed,  
prowling beasts about your way,  
stones your pillow, earth your bed.**

**Let us your endurance share,  
and from earthly greed abstain,  
with you vigilant in prayer  
with you strong to suffer pain.**

**Then if evil on us press,  
flesh or spirit to assail,  
Victor in the wilderness,  
help us not to swerve or fail.**

**So shall peace divine be ours;  
holy gladness, pure and true;  
come to us, angelic powers,  
such as ministered to you.**

**Keep, O keep us, Saviour dear,  
ever constant by your side,  
that with you we may appear  
at th'eternal Eastertide.**

**Sermon Tracy** For those of you who listened to The Archers on Sunday, Lynda Snell, MBE, is about to enter into Ramadan in solidarity with her B&B guests whose home was flooded when the River Am burst its banks. At one point Khalil says that the practice of Ramadan is much more of a challenge than Lent. Lynda reminds Khalil that whereas Muslims can enjoy their favourite food once the sun has gone down, Christians, if they have set their minds to it, have to forgo their favourite food for 40 days.

For Muslims Ramadan is a time to practice self-restraint, as well as a time of contemplation, prayer and reading of the Quran. It is a highly sociable time as Muslims invite each other to eat with them after breaking the fast. For the Christian Lent follows a similar pattern. It is a season of prayer, fasting, reading of the Bible and giving to others as well as a period of preparation to celebrate the resurrection of Jesus on Easter day. We also have opportunities to eat together at various Lent lunches.

Jesus' time in the wilderness, where there was only his faith in God to keep him focussed, is our inspiration during Lent. The discipline of giving up something may seem a small and somewhat insignificant thing but it can show us the strength of its pull on us and how our time might be better spent.

At heart Lent is an exercise in drawing close to God and realising that we are never ever far away from God's love and strength. A spiritual 'Spring clean' if you like. As we journey through Lent together perhaps we might spend a little more time with the Bible readings that have been chosen for us week by week and sit in expectation of all that God wants to share with us. May Lent 2025 be one that is very special.

**The Creed: We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being**

**with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of Intercession.** We sit or kneel **Lord, in your mercy hear our prayer.**

As we bring to mind the challenges that Jesus faced as he was tempted in the wilderness, we pray for strength to face whatever turns us away from deeper faith in God.

As Jesus felt hunger and thirst, we remember how blessed we are to have shops full of food. As we are thankful for what we have may we share our plenty with those who have little.

As Jesus was without any human contact we pray for all who have no one to look out for them. At this time we pray for people living against a backdrop of war and conflict that times of peace will come. *Spend time praying for the people of Gaza, the Congo, the Ukraine and Sudan.*

As Jesus endured the dry, discomfort of the wilderness we pray for people whose lives have become parched of all that makes life meaningful. We pray too for all who are sick and suffering, all whose lives are coming to an end. *Spend time praying for someone you know.*

As Jesus found hope in God may we know hope for our lives now and always.

And at the end **Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen**

**The Collect for the First Sunday in Lent:** Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

**followed by the Collect for Ash Wednesday:** Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness', may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

**The Lord's Prayer:** Gathering our prayers and praises into one, let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we**

forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen.

CA 343

Jesu, lover of my soul,  
let me to by bosom fly,  
while the gath'ring waters roll,  
while the tempest still is high:  
hide me , O my Saviour, hide,  
till the storm of life is past;  
safe into the haven guide,  
O receive my soul at last.

Other refuge have I none,  
hangs my helpless soul on thee;  
leave, ah leave me not alone,  
still support and comfort me.  
All my trust on thee is stayed,  
all my help from thee I bring;  
cover my defenceless head  
with the shadow of thy wing.

Plenteous grace with thee is found,  
grace to cleanse from ev'ry sin;  
let the healing streams abound,  
make and keep me pure within.  
Thou of life the fountain art,  
freely let me take of thee,  
spring thou up within my heart,  
rise to all eternity.

**The Blessing:** Christ give you grace to grow in holiness to deny yourselves, take up your cross and follow him; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

We say the Grace together: **The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.**

**Go in peace, to love and serve the Lord.** Thanks be to God.